

# September



# 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Drop-in* 8:30am- 4pm 1	Drop-in* 8:30am- 4pm 2	3 Open Support Group (Breakfast) 8:30-10am
4	<b>Closed</b> 5 <i>HAPPY Labor Day</i>	Drop-in* 8:30am- 4pm 6 Healthful Cooking 11:30am-1pm	Drop-in* 8:30am- 4pm 7 Open Support Group/ Lunch 11:30am-1pm	Drop-in* 8:30am- 4pm 8 TBI Info & Support Group 3-4pm	Drop-in* 8:30am- 4pm 9 Mindfulness Intro and Practice 3-4pm	10 <b>No Breakfast Support Group this Saturday</b>
11	Drop-in* 8:30am- 4pm 12 Resumes & Computer Skills 10:30-12pm Women's Support Group 3-4:15pm	Drop-in* 8:30am- 4pm 13 Crochet Class 3-4pm	Drop-in* 8:30am- 4pm 14 Core Curriculum Seeking Employment (Lunch) 11:30am-1pm	Drop-in* 8:30am- 4pm 15 Chess & Board Games 3-4pm	Drop-in* 8:30am- 4pm 16	17 Core Curriculum Seeking Employment (Breakfast) 8:30-10am
18	Drop-in* 8:30am- 4pm 19 Women's Outing 3-4:15pm	Drop-in* 8:30am- 4pm 20 Healthful Cooking 11:30am-1pm	Drop-in* 8:30am- 4pm 21 Core Curriculum Keeping Your Cool (Lunch) 11:30am-1pm	Drop-in* 8:30am- 4pm 22 TBI Info & Support Group 3-4pm	Drop-in* 8:30am- 4pm 23 Mindfulness Intro and Practice 3-4pm	24 Core Curriculum Seeking Employment (Breakfast) 8:30-10am
25	Drop-in* 8:30am- 4pm 26 Resumes & Computer Skills 10:30-12pm Women's Support Group 3-4:15pm	Drop-in* 8:30am- 4pm 27 Crochet Class 3-4pm	Drop-in* 8:30am- 4pm 28 Core Curriculum Comfort w/ Technology (Lunch) 11:30am-1pm	Drop-in* 8:30am- 4pm 29 Closed: Join us at Celebrate Recovery 10am-2pm Chess & Board Games 3-4pm	Drop-in* 8:30am- 4pm 30	

Intakes/Case Management by appointment- call your peer support worker \*Drop-in 8:30am-4pm Monday-Friday

## Best Chance

5907 Alice Ave. NE, Suite E&F  
Albuquerque NM, 87110

Phone: (505) 256-3231  
Email: [office@bestchancenm.org](mailto:office@bestchancenm.org)  
Website: [www.bestchancenm.org](http://www.bestchancenm.org)