

February

BEST CHANCE

Services for the recently released



2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Drop-in* 8:30am- 4pm 1 Core Curriculum 4 Comfort w/ Technology (Lunch) 11:30am-1pm	Drop-in* 8:30am- 4pm 2	Drop-in* 8:30am- 4pm 3 Echo Virtual Workshop (Managing Anger) 1-2pm	4 Core Curriculum 4 Comfort w/ Technology (Breakfast) 8:30-10am
5	Drop-in* 8:30am- 4pm 6 Women's Support Group 3-4:15pm	Drop-in* 8:30am- 4pm 7 Native American Talking Circle 3-4pm	Drop-in* 8:30am- 4pm 8 Core Curriculum 5 Health & Wellness (Lunch) 11:30-1pm	Drop-in* 8:30am- 4pm 9 TBI Support Group 3-4pm	Drop-in* 8:30am- 4pm 10 Echo Virtual Workshop (Forgiveness) 1-2pm Mindfulness & Meditation 3-4pm	11 Core Curriculum 5 Health & Wellness (Breakfast) 8:30-10am
12	Drop-in* 8:30am- 4pm 13 Women's Support Group 3-4:15pm	Drop-in* 8:30am- 4pm 14 <i>Happy Valentine's day</i> Crochet Class 3-4pm	Drop-in* 8:30am- 4pm 15 Core Curriculum 6 Lifelong Learning (Lunch) 11:30am-1pm	Drop-in* 8:30am- 4pm 16	Drop-in* 8:30am- 4pm 17 Echo Virtual Workshop (The 5 Stages of Change) 1-2pm	18 Core Curriculum 6 Lifelong Learning (Breakfast) 8:30-10am
19	Drop-in* 8:30am- 4pm 20 Women's Support Group 3-4:15pm	Drop-in* 8:30am- 4pm 21 Native American Talking Circle 3-4pm	Drop-in* 8:30am- 4pm 22 Open Support Group (Lunch) 11:30am-1pm	Drop-in* 8:30am- 4pm 23 TBI Support Group 3-4pm	Drop-in* 8:30am- 4pm 24 Echo Virtual Workshop (Community) 1-2pm Mindfulness & Meditation 3-4pm	25 Open Support Group (Breakfast) 8:30-10am
26	Drop-in* 8:30am- 4pm 27 Women's Support Group 3-4:15pm	Drop-in* 8:30am- 4pm 28 Crochet Class 3-4pm				

Intakes/Case Management by appointment- call your peer support worker *Drop-in 8:30am-4pm Monday-Friday

Best Chance

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