

# January

## BEST CHANCE

Services for the recently released



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>Happy New Year</i>	2 Celebrate New Year	3 Drop-in* 8:30am- 4pm Native American Talking Circle 3-4pm	4 Drop-in* 8:30am- 4pm Open Support Group (Lunch) 11:30am-1pm	5 Drop-in* 8:30am- 4pm	6 Drop-in* 8:30am- 4pm	7 Support Group (Breakfast) 8:30-10am
8	9 Drop-in* 8:30am- 4pm Women's Support Group 3-4:15pm	10 Drop-in* 8:30am- 4pm Crochet Class 3-4pm	11 Drop-in* 8:30am- 4pm Core Curriculum 1 Seeking Employment (Lunch) 11:30am-1pm	12 Drop-in* 8:30am- 4pm TBI Support Group 3-4pm	13 Drop-in* 8:30am- 4pm Mindfulness Intro and Practice 3-4pm	14 Core Curriculum 1 Seeking Employment (Breakfast) 8:30-10am
15	16 Drop-in* 8:30am- 4pm Women's Support Group 3-4:15pm	17 Drop-in* 8:30am- 4pm Native American Talking Circle 3-4pm	18 Drop-in* 8:30am- 4pm Core Curriculum 2 Keeping Your Cool (Lunch) 11:30am-1pm	19 Drop-in* 8:30am- 4pm	20 Drop-in* 8:30am- 4pm Echo Virtual Workshop (Quality of Life) 1-2pm	21 <b>No Breakfast or Support Group this Saturday</b>
22	23 Drop-in* 8:30am- 4pm Women's Support Group 3-4:15pm	24 Drop-in* 8:30am- 4pm Crochet Class 3-4pm	25 Drop-in* 8:30am- 4pm Core Curriculum 3 Comfort w/ Technology (Lunch) 11:30am-1pm	26 Drop-in* 8:30am- 4pm TBI Support Group 3-4pm	27 Drop-in* 8:30am- 4pm Echo Virtual Workshop (Goal Setting) 1-2pm Mindfulness Intro and Practice 3-4pm	28 Core Curriculum 3 Comfort w/ Technology (Breakfast) 8:30-10am
29	30 Drop-in* 8:30am- 4pm Women's Support Group 3-4:15pm	31 Drop-in* 8:30am- 4pm	1 Core Curriculum 4 Finance & Budget (Lunch) 11:30am-1pm			

Intakes/Case Management by appointment- call your peer support worker \*Drop-in 8:30am-4pm Monday-Friday. Computer Lab available during drop-in hours.

### Best Chance

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