

# March



## BEST CHANCE

Services for the recently released

# 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Drop-in* 8:30am- 4pm 1 Open Support Group (Lunch) 11:30am-1pm	Drop-in* 8:30am- 4pm 2	Drop-in* 8:30am- 4pm 3 Echo Virtual Workshop (Kindness) 1-2pm	4 Open Support Group (Breakfast) 8:30am-10am
5	Drop-in* 8:30am- 4pm 6  Women's Support Group 3-4:15pm	Drop-in* 8:30am- 4pm 7  Native American Talking Circle 3-4pm	Drop-in* 8:30am- 4pm 8 Open Support Group (Lunch) 11:30am-1pm	Drop-in* 8:30am- 4pm 9  TBI Support Group 3-4pm	Drop-in* 8:30am- 4pm 10 Echo Virtual Workshop (Lifelong Learning) 1-2pm Mindfulness & Meditation 3-4pm	11 <b>No Breakfast or Support Group this Saturday morning</b>
12	Drop-in* 8:30am- 4pm 13  Women's Support Group 3-4:15pm	Drop-in* 8:30am- 4pm 14  Creative Writing 3-4pm	Drop-in* 8:30am- 4pm 15 Core Curriculum 1 Seeking Employment (Lunch) 11:30am-1pm	Drop-in* 8:30am- 4pm 16	Drop-in* 8:30am- 4pm 17 <b>St. Patrick's Day!</b> Echo Virtual Workshop (Mindfulness) 1-2pm	18 Core Curriculum 1 Seeking Employment (Breakfast) 8:30-10am
19	Drop-in* 8:30am- 4pm 20  Women's Support Group 3-4:15pm	Drop-in* 8:30am- 4pm 21  Native American Talking Circle 3-4pm	Drop-in* 8:30am- 4pm 22 Core Curriculum 2 Keeping Your Cool (Lunch) 11:30am-1pm	Drop-in* 8:30am- 4pm 23  TBI Support Group 3-4pm	Drop-in* 8:30am- 4pm 24 Echo Virtual Workshop (Families) 1-2pm Mindfulness & Meditation 3-4pm	25 Core Curriculum 2 Keeping Your Cool (Breakfast) 8:30am-10am
26	Drop-in* 8:30am- 4pm 27  Women's Support Group 3-4:15pm	Drop-in* 8:30am- 4pm 28  Creative Writing 3-4pm	Drop-in* 8:30am- 4pm 29 Core Curriculum 3 Comfort w/ Technology (Lunch) 11:30am-1pm	Drop-in* 8:30am- 4pm 30	Drop-in* 8:30am- 4pm 31 Echo Virtual Workshop (The Four Agreements Presented by OPRE) 1-2pm	

Intakes/Case Management by appointment- call your peer support worker — \*Drop-in 8:30am-4pm Monday-Friday. — Computer Lab available during drop-in hours.

### Best Chance

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