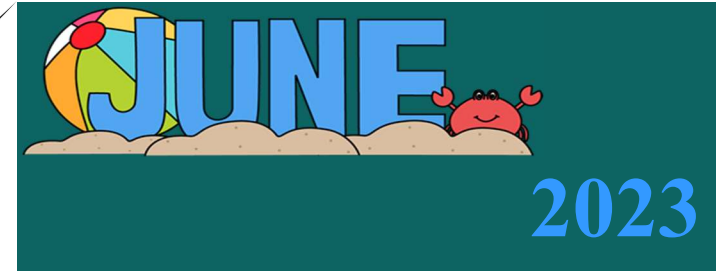



Peer-led Drop-in Center



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Drop-in* 8:30am- 4pm 29 Women's Support Group 3-4:15pm	Drop-in* 8:30am- 4pm 30 Native American Talking Circle 3-4pm	Drop-in* 8:30am- 4pm 31 Core Curriculum 3 Change & Positivity (Lunch) 11:30am-1pm	Drop-in* 8:30am- 4pm 1 TBI Support Group 3-4pm	Drop-in* 8:30am- 4pm 2 Echo Virtual Workshop 1-2pm Mindfulness & Meditation 3-4pm	3 Core Curriculum 3 Change & Positivity (Breakfast) 8:30am-10am
4	Drop-in* 8:30am- 4pm 5 Women's Support Group 3-4:15pm	Drop-in* 8:30am- 4pm 6 Native American Talking Circle 3-4pm	Drop-in* 8:30am- 4pm 7 Core Curriculum 4 Finance & Budget (Lunch) 11:30am-1pm	Drop-in* 8:30am- 4pm 8 Creative Writing 3-4pm TBI Support Group 3-4pm	Drop-in* 8:30am- 4pm 9 Echo Virtual Workshop 1-2pm Mindfulness & Meditation 3-4pm	10 Core Curriculum 4 Finance & Budget (Breakfast) 8:30am-10am 12-2pm Community Service Food Bank
11	Drop-in* 8:30am- 4pm 12 Women's Support Group 3-4:15pm	Drop-in* 8:30am- 4pm 13 Native American Talking Circle 3-4pm	Drop-in* 8:30am- 4pm 14 Core Curriculum 5 Health & Wellness (Lunch) 11:30am-1pm	Drop-in* 8:30am- 4pm 15 TBI Support Group 3-4pm	Drop-in* 8:30am- 4pm 16 Echo Virtual Workshop 1-2pm Mindfulness & Meditation 3-4pm	17 Core Curriculum 5 Health & Wellness (Breakfast) 8:30-10am
18 	Drop-in* 8:30am- 4pm 19 Women's Support Group 3-4:15pm	Drop-in* 8:30am- 4pm 20 Native American Talking Circle 3-4pm	Drop-in* 8:30am- 4pm 21 Core Curriculum 6 Lifelong Learning (Lunch) 11:30am-1pm	Drop-in* 8:30am- 4pm 22 Creative Writing 3-4pm TBI Support Group 3-4pm	Drop-in* 8:30am- 4pm 23 Echo Virtual Workshop 1-2pm Mindfulness & Meditation 3-4pm	24 Core Curriculum 6 Lifelong Learning (Breakfast) 8:30am-10am 12-2pm Community Service Food Bank
25	Drop-in* 8:30am- 4pm 26 Women's Support Group 3-4:15pm	Drop-in* 8:30am- 4pm 27 Native American Talking Circle 3-4pm	Drop-in* 8:30am- 4pm 28 Core Curriculum Open Support Group (Lunch) 11:30am-1pm	Drop-in* 8:30am- 4pm 29	Drop-in* 8:30am- 4pm 30	

Intakes/Case Management by appointment- call your peer support worker *Drop-in 8:30am-4pm Monday-Friday— Computer Lab available during drop-in hours.

Best Chance

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